

invite you to attend

aPt's 15th Annual Child Care Colloquium

CARLOTTA MILES, M.D.

**CHILDREN WITNESSING VIOLENCE:
HOW IT SHAPES EGO DEVELOPMENT AND THE PSYCHE'S CONCEPT
OF CONFLICT RESOLUTION**

Saturday, November 14, 2009, 9:30 a.m. to 3:00 p.m.

**Drexel University College of Medicine, Auditorium A
2900 W. Queen Lane, Philadelphia, PA 19129**

WORKSHOP

With a murder rate twice that of any other western country, the United States has recently been described as having "the violence profile of a 3rd world country." Violence, including aggressive behavior such as bullying and more serious acts such as marital abuse, assault and homicide, occurs in the USA among people of all ages and every social and economic class. This workshop is about what happens to children who witness serious violence.

At first, after witnessing violence at home, in schools or on the street, a child may say that what he saw didn't bother him, then later that it was a bad dream. Witnessing domestic violence leads to poor relationship lessons, such as relying on dominance and control to get what you want, rather than learning the skills of listening, considering, negotiating. After witnessing any serious violence, children may withdraw from investing in other people and may no longer be able to plan ahead. These children avoid thinking about consequences since they "know" they have no power over outcome. How does a child learn to value the ability to postpone gratification after watching destructive violence put an end to someone's future?

Children who have witnessed serious or extreme violence need to acquire, or re-acquire, such skills of ego development as self discipline, postponement of gratification, and self soothing mechanisms so they don't have to go on with feelings of helplessness and damage. Along with talking about the effects on caretakers who deal with these children every day, Dr. Miles will give practical suggestions that child care workers and others can use immediately in their all-important work with children, now including the many children who have witnessed violence.

EDUCATIONAL OBJECTIVES

At the end of this program, participants will have:

- practical understanding of post-traumatic stress disorder (PTSD), and how exposure to violence effects children's' ego development and ideas about conflict resolution;
- recognition and appreciation of care-givers' own responses to the subject of exposure to violence;
- increased ability to recognize signs that a young child may have witnessed serious violence;
- interventions that can be used immediately in daily work with children and their families to foster renewed ego development, healthy conflict resolution and relationship skills in children who have witnessed violence,
- skills for helping a child exposed to serious violence deal with post-traumatic stress disorder (PTSD) and resume psychological growth.

The annual Child Care Colloquia have been made possible by grants from the Philadelphia Psychoanalytic Foundation, the Margaret S. Mahler Psychiatric Research Foundation and additional charitable donations.

INVITED PRESENTER

Carlotta Miles, M.D. is a nationally recognized expert on child development, parenting and childcare, known for her work in private and public schools with students, faculty and administrators. A graduate of the Howard University College of Medicine, Dr. Miles is a child psychiatrist and a psychoanalyst. She has made numerous broadcast appearances, graduation and keynote speeches. An invited presenter in the annual Margaret S. Mahler Symposium on Child Development, this will be the 11th consecutive year that Dr. Carlotta Miles returns by popular demand to present at the Child Care Colloquium.

This Colloquium offers 4 Hours of Continuing Education Credit

Registration for "Children Witnessing Violence: How it Shapes Ego Development..." – Carlotta Miles, M.D.

Registration includes a light breakfast and lunch. Checks should be made payable to the Psychoanalytic Center of Philadelphia (or "PCOP"), indicating on the check that it is for "aPt's CCC09." Mail completed registrations to: The Psychoanalytic Center of Philadelphia, Rockland – East Fairmount Park, 3810 Mt. Pleasant Drive, Phila, PA 19121

Please check all that apply:

- | | |
|---|------------------|
| <input type="checkbox"/> Basic fee | \$40* |
| <input type="checkbox"/> Child Care Worker in licensed ctr. | <u>no charge</u> |
| <input type="checkbox"/> Residents and Students | <u>no charge</u> |
| <input type="checkbox"/> aPt and PCOP Members | <u>no charge</u> |

Name: _____

Address: _____

City, State, Zip: _____

Continuing Education Credit

- | | |
|--|------------------|
| <input type="checkbox"/> Social Work CE | \$20 |
| <input type="checkbox"/> Psychologist CE | \$20 |
| <input type="checkbox"/> Physician CME | \$20 |
| <input type="checkbox"/> aPt and PCOP Members CE CME | <u>no charge</u> |
| <input type="checkbox"/> Act 48 credit | <u>no charge</u> |
| <input type="checkbox"/> Child Care Worker CE | <u>no charge</u> |

Telephone: _____ Circle: **Home** or **Work** address

Staff of child care centers, schools and other agencies:

Please write in the name and address of your organization:

Questions? Contact aPt at the PCOP office: 215-235-2345

Total enclosed \$ _____

Refunds will be given up to 2 weeks before program, minus a \$10 administrative charge.

***Organizations sending five or more participants pay a reduced fee of \$25 per person.**

SCHEDULE

Registration & light breakfast	9:30 am
Introduction	10:00 am
Presentation	10:15 am
Break for Lunch	12:15 pm
Presentation continued with discussion	1:00 pm
Conclusion	3:00 pm

DIRECTIONS

Auditorium A at Drexel University Medical College is located at 2900 W. Queen Lane in Philadelphia, off Henry Ave. near Midvale Ave.

Public Transportation:

Bus routes: K, R (via Henry/Midvale)

Train line is R8 Chestnut Hill West - the Queen Lane station is located at Queen Lane & Wissahickon Avenue.

By car:

From the Northwest: Take Ridge Pike into Philadelphia until the road forks. Take Henry Avenue (left fork), continue about 5 miles. After passing Midvale Avenue make a left at the next light onto Queen Lane. Go straight at the 4-way stop sign. The Queen Lane Medical Campus is on the right. **Parking on campus, also on-street parking.**

From Northeast Philadelphia: Take the Roosevelt Blvd (Route 1 South), which becomes the Roosevelt Expressway, to the Fox Street exit. Turn right at the top of the exit ramp (Fox Street), right at next intersection (Queen Lane). The Queen Lane Medical Campus is on the right.

From the Schuylkill Expressway: Take Exit 34 onto Route 1 North. Follow Route 1 to the second Wissahickon Avenue exit (this is marked Wissahickon Avenue-North, stay to the right at the ramp). At the traffic light turn right on Wissahickon Avenue North, left at the third light (Queen Lane). The Queen Lane Medical Campus is on your left.

From Center City Philadelphia: Take the Benjamin Franklin Parkway to Kelly Drive. Follow Kelly Drive north to the intersection with Midvale Avenue and turn right. At the fourth light, turn right onto Henry Avenue then left onto Queen Lane. Go straight at the 4-way stop sign. The Queen Lane Medical Campus is on the right.

CONTINUING EDUCATION

Continuing Education for Day Care Workers: This program is pending approval as fulfillment of **4 credit hours** by Pennsylvania Pathways, a division of the Commonwealth of Pennsylvania Department of Public Welfare, Bureau of Child Day Care Services.

Continuing Education for Public School Personnel: Act 48 Credits available for individuals holding PA public school certification. (**4 credit hours**)

Continuing Medical Education (CME): This activity has been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association and the *Psychoanalytic Center of Philadelphia*. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity.

The American Psychoanalytic Association designates this educational activity for a maximum of 4 hours in Category I credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters have any relevant financial relationships to disclose.

Continuing Education for Psychologists: The *Psychoanalytic Center of Philadelphia* is approved by the American Psychological Association to sponsor continuing education for psychologists. The *Psychoanalytic Center of Philadelphia* maintains responsibility for this program. (4 hours).

Continuing Education for Social Workers: In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [49 PA. CODE 47-49], the American Psychological Association (APA) is a pre-approved provider for social workers and clinical social workers in the State of Pennsylvania and The Psychoanalytic Center of Philadelphia is approved to sponsor programs by the American Psychological Association. (4 hours).

Comments from the 2008 Child Care Colloquium Program Evaluation:

"Every area was covered with knowledge and experience. Dr. Miles explains all materials thoroughly. I am leaving this Colloquium with a new approach to understanding early childhood behaviors." Child Care Worker, Philadelphia, PA

"Dr. Miles is an exceptional presenter. She is a master at facilitating learning and encouraging individual interpretations of concepts via open discussion." Psychologist, Philadelphia, PA

"Dr. Miles' conferences always leave the audience with a different view of her subject matter. Great conference." Teacher, Philadelphia, PA

"Very enlightening and informative. I am always able to leave with a better understanding and apply it to my everyday life at home and at work. Dr. Miles has helped me to understand so much on child behavior." Child Care Worker, Philadelphia PA

"The speaker was excellent. Her knowledge of information and how to interpret certain behaviors were easy to understand and applicable to our everyday life." Child Care worker, Philadelphia, PA

The Psychoanalytic Center of Philadelphia
aPt **The Alliance for Psychoanalytic Thought**
Rockland – East Fairmount Park
3810 Mt. Pleasant Drive
Philadelphia, PA 19129

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